



GULF COAST CHAPTER NEWS



MAR 2013

AMERICAN SOCIETY OF MILITARY COMPTROLLERS

PRESIDENT'S CORNER

re-sil-ience

noun

1. the power or ability to return to the original form, position, etc., after being bent, compressed, or stretched; elasticity.
2. ability to recover readily from illness, depression, adversity, or the like; buoyancy.

President Barack Obama signed sequestration into law on Friday night, 1 Mar 13, effectively taking \$85B out of the FY13 DoD budget. Continuing Resolution, well...continues. Civilian furloughs loom for 700,000 to 750,000 federal government employees, TDYs across the DoD are cancelled, and required supplies and equipment are being deferred.

Stressed yet?

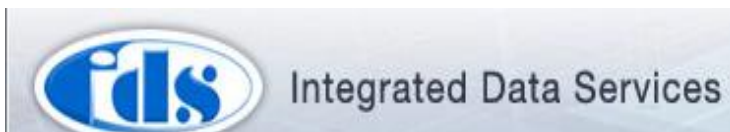
According to *Psychology Today*, resilience is that ineffable quality that allows some people to be knocked down by life and come back stronger than ever. Rather than letting failure overcome them and drain their resolve, they find a way to rise from the ashes. Psychologists have identified some of the factors

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President's Column – Continued

that make someone resilient, among them a positive attitude, optimism, the ability to regulate emotions, and the ability to see failure as a form of helpful feedback. Even after a misfortune, blessed with such an outlook, resilient people are able to change course and soldier on.

If you'd like to build more resilience, consider the following tips from the Mayo Clinic:

- * Network. Build strong, positive relationships with loved ones and friends that provide you with needed support and acceptance in both good times and bad. Establish other important connections by doing volunteer work, get involved in your community, or join a faith or spiritual community.

- * Find meaning today. Do something that gives you a sense of accomplishment and purpose. Set meaningful goals to help you look toward the future.

- * Learn from the past. Think back on how you've coped with hardships in the past. Consider skills and strategies that helped you through the rough patches. You might even write about past experiences in a journal to help you identify both positive and negative behavior patterns — and guide your future behavior.

- * Remain hopeful. You can't change what's happened in the past, but you can always look toward the future. Accept and anticipate change which will make it easier to adapt and view new challenges with less anxiety.

- * Take care of yourself. Tend to your own needs and feelings, both physically and emotionally. Participate in activities and hobbies you enjoy. Include physical activity in your daily routine. Get plenty of sleep. Eat a healthy diet. To restore an inner sense of peace or calm, practice stress management and relaxation techniques, such as yoga, meditation, guided imagery, deep breathing or prayer.

- * Be proactive. Don't ignore your problems or try to wish them away. Instead, figure out what needs to be done, make a plan and take action. Although it can take time to recover from a major setback, traumatic event or loss, know that your situation can improve if you actively work at it.

- * Becoming more resilient takes time and practice. If you don't feel you're making progress — or you don't know where to start — consider talking to a mental health provider. With guidance, you can improve your resiliency and mental well-being.

Best of luck in weathering our present storm. As one of my Chief Master Sergeant mentors used to say, "Fair skies do not make skillful Airmen." She was exactly right.

V/R

Scott

Scott Hollingsworth, Capt, USAF

Gulf Coast ASMC Chapter President

883-4040

Executive Committee

President	Capt Scott Hollingsworth	883-3384
VP-Eglin	Ms Brianna Hoppel	883-3204
VP-Hurlburt	Mr Ben Harter	884-7289
VP-Tenants	Ms Vanessa Fuentes	882-4070
Secretary	Ms Sharon Pedersen	882-3812
Treasurer	Ms Michelle Woolgar	883-3411
Treasurer Rec	Ms Sharon King	882-6768
Treasurer Reconcile	Ms Mandy Chapman	882-6165
Regional PDS	Ms Michelle Woolgar	883-3411
	Ms Alyce Frederick	884-1726
	Ms Ivonne Caridi-Anderson	882-1902
Membership	Mr Kent Fitzgerald	883-3809
Education	Ms Connie Clay	883-0239
	CDFM POC: Ms Lisa Gamon	883-3465
	CDFM POC: Ms Sybil Brooks-Dupree	882-4832
Eglin Enlisted Advisor	MSgt Philip Chapman	882-0089
Hurlburt Enl Advisor	SMSgt Julio Nimbley	884-4053
Programs	Mr Tom Walker	882-0074
	Mr Joe Proctor	882-4593
Ways & Means	Mr George Joseph	883-3458
Publicity	Ms Melinda Gagnon	882-2087
	Ms Denise Wagner	882-6835
Community Service	Ms Nicole Smith	882-0254
	Mr Roger Kendall	882-3812
Awards	Ms Jenna Colon	882-2001
	Ms Kaci Harris	882-1525
Newsletter	Ms Laura Gamble	884-6869
Webmaster	Mr Jason Guzzardo	882-0055
	Mr David Loch	882-0057 x750

Ways & Means – George Joseph

Ways & Means

Chair: George Joseph

We are looking for volunteers and ideas for upcoming fundraising events.

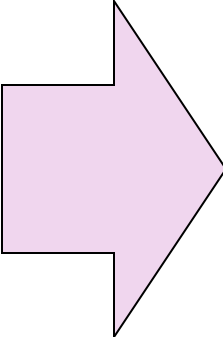
Thank you to all who volunteer for our Ways & Means projects; your suggestions are always welcome. If you are interested in being part of the Ways & Means Committee, contact Mr George Joseph, george.joseph@eglin.af.mil, 883-3458

Minutes: Executive Council & Regular Meetings

The ASMC Luncheon Meeting minutes and the Executive committee meeting minutes are now posted on the Gulf Coast Chapter webpage.

To review them, please go to the website <http://www.gulfcoastasmc.org/> and click on the tab marked “Minutes” along the top.

March Luncheon



The March Luncheon will include the presentation of our annual awards! It will be held at the Bayview Club in the Sand Dollar Lounge at Eglin on Thursday, **21 March** at 1200. It will be the standard pay as you go buffet.

Additionally, Lt Col Hunter, 96 CPTS/CC will give a presentation entitled "Success in the Workplace." Would like to see max participation to recognize our award winners!!

Registration link:

<https://afkm.wpafb.af.mil/ASPs/Reg/Register.asp?Filter=OO-ED-AA-A2&Eventid=189&Groupid=243&Class=382041&TypeName=Class>

Scholarship news

The National Scholarship Program runs from Jan-Mar 2013.

The ASMC National Scholarship Program is accepting applications from graduating HIGH SCHOOL SENIORS entering a field of study related to financial/resource management 1 Jan-15 Mar 2013. For eligibility criteria, go to: <http://www.asmconline.org>,

- Click "Scholarship Awards" (in a black colored box near the top)
- Click (Dropdown) "National Scholarship Program"
- Click "Download Full Criteria"

For an APPLICATION, see the Education tab on our local website.

PLEASE MAIL YOUR PACKAGES **NOT LATER THAN MARCH 15, 2013** to:

Ms. Connie Clay/Ms. Sheila Hale
Gulf Coast Chapter Education Chair
P.O. Box 1756
Eglin AFB, FL 32542
Phone: 850-883-0239 or 883-0288

Email: connie.clay2@Eglin.af.mil
Email: sheila.hale@Eglin.af.mil

Our local Gulf Coast Chapter Scholarship Program will be advertised approximately April 1, 2013. This program is limited to high school seniors and college students who will have 60 semester hours of college completed by the end of their Spring 2013 semester.

ASMC Awards

ASMC Members, Please join us in congratulating the following nominees for the 2013 ASMC Gulf Coast Chapter Awards.

Accounting & Finance

SMSgt Robert Laufer
MSgt William Spurgeon

Auditing

Shannon Skirvanie
Jacqueline Palomino
Karin Toney

Comptroller/Deputy Comptroller

Lt Col William Hunter

Resource Management

MSgt Daniel Doble

Large Team Achievement

Financial Services Office 96CPTS/FM
AFRL/RWF FM Team
1st SOCPTS

Budgeting

Ray Graber
April Chapel
Katherine Davis
Jasmine Durm
Jeff DeCocker
Dennis Harland

Intern/Trainee

Max Miller

Contractor Support

Rachael Noggle

Acquisition/Cost Analysis

Chris Downing
Thomas Lesnoski

Small Team Achievement

AFSOC FM

Again, congratulations to all of the nominees and a special thank you to all of those who took the time to nominate and recognize your fellow colleagues! The awards will be presented at the March Luncheon (21 March). More info on the luncheon to follow.

Thank You,

Jenna Colón & Kaci Harris
ASMC Gulf Coast Chapter
Awards Co-Chairs

Community Service

NICEVILLE RELAY FOR LIFE: The Relay for Life team, Comptrollers for a Cause, is in high gear and looking forward to the April 19th event. We had a successful yard sale, raising \$215, and we have just completed a fund raiser at Joe's Crab Shack in Destin. The next Relay for Life fundraising events will be Thursday **March 14** and Thursday **April 11** at **Chili's in Destin** from 5 pm to 9 pm. Guests will need to bring flyer to the restaurant for the American Cancer Society Comptrollers for a Cause team to receive the donation. The flyer will be available at <http://www.gulfcoastasmc.org/community.html>

We are looking for volunteers to man the booth the night of the event and people to come out and walk. We are required to have a least one person on the track walking the entire time from 6:00 pm Friday April 19th until 11:00 am Saturday April 20th. If you would like to volunteer to help out at the event please let us know. If you plan to participate in any way and have not signed up as a team member on the website, do so at http://relay.acsevents.org/site/TR/RelayForLife/RFLCY13FL?fr_id=50004&pg=entry

We have an on-going fundraiser, a chance to win a Wind Creek Casino Package. This package includes a complimentary night stay at the Casino, a complimentary SPA service for two, 2 Complimentary cooking studio classes and a complimentary dinner for 2 at the Fire Steakhouse. This package is worth over \$700. It is very simple to get qualified to win. All you need to do is visit RFL team page http://main.acsevents.org/site/TR/RelayForLife/RFLCY13FL?team_id=1292962&pg=team&fr_id=50004 and donate \$25. Once your donation is complete we will email your ticket number. You are

donating money for to help in the fight against cancer and also maybe the recipient of this amazing casino package deal. Do not donate as "anonymous" because otherwise we will not be able to send you a chance to win. Of course we will take the donation in cash or a check - please just let any of the Comptrollers for a Cause team members know and we will make arrangements to pick up the donation from you.

Win a Wind Creek Casino \$700 Package by donating to "Comptrollers for a Cause" Relay for Life team. 1 ticket \$25 donation. Ticket # will be emailed to you so don't be anonymous. Drawing will be night of the event.



Community Service

Thank you to all of the Volunteers and for the donations collected during the month of February. We also appreciate those that were able to attend the tour provided by the Fisher House. (photo at right)



UP-COMING EVENTS:

BLANKETS OF HOPE: Can you sew? Blankets of Hope needs at least three volunteers to assemble simple quilts. You'll get pre-cut fabric and instructions... you just have to sew together according to instructions and you need to track your hours. POC: Laura Gamble, 884-6869, laura.gamble@hurlburt.af.mil.

FISHER HOUSE: FISHER HOUSE SANDESTIN WINE FESTIVAL:
Volunteers needed **19 & 20 Apr 2013**, contact Gabriella Geier-DuReitz.

We received a great response for **Fisher House dinners** on 14 and 28 March. We have enough volunteers for each date. More opportunities in April and May:

April 4 and 25, 2013 5:00 pm - Cooking Dinner for Residents: Please meet us to prepare at 5:00 pm and serve at 6:00 pm. Teams for each day decide on the dinner menu ahead of time; prepare and share dinner with residents at the Fisher House. POC: gabriella.geier-dureitz@eglin.af.mil

May 9 and 16, 2013 5:00 pm - Cooking Dinner for Residents: Please meet us to prepare at 5:00pm and serve at 6:00pm. Teams for each day decide on the dinner menu ahead of time; prepare and share dinner with residents at the Fisher House. POC: gabriella.geier-dureitz@eglin.af.mil

Community Service

UP-COMING EVENTS:

SHELTER HOUSE: Hosting “Purses with a Purpose” event **22 & 23 March** at the Silver Sands Premium Outlet. Volunteer Sheet for FRIDAY below (see next page for Saturday). POC: sara.bennett.3@us.af.mil

ON-GOING EVENTS:

DEPLOYABLE CARE PACKAGES: 10 care packages were sent out recently. Items requested include reading materials (sports, fitness/health, and car/motorcycle magazines), snacks (nuts, crackers, and cookies ect.), toiletries (travel size, shower gel, shampoo, tooth paste, and foot powder/spray ect) and 3 in 1 laundry/dryer sheets. Continue to send names of FM troops that are deployed. POC: patrick.dewitt@eglin.af.mil

Finally, help us keep track of your volunteer hours – email us. As always your suggestions welcomed!

POCs: Roger Kendall, roger.kendall2@eglin.af.mil, 882-1767
Nicole Smith, nicole.smith.ctr@eglin.af.mil, 882-0254

Membership

Chair, Kent Fitzgerald

Membership is available to individuals who are actively employed in military comptrollership, as active duty or civilian personnel for DoD or USCG. Associate membership is available for those who don't meet the qualifications but are currently employed in a defense related financial management field. Employees of private sector companies who are interested in ASMC membership may join under the corporate membership program.

New military members E1-E4 and civilian GS1-GS7 can be reimbursed for half of their yearly membership fee. *New members only.* I will be providing information about upcoming membership drives and other activities as they are planned.

If you have any questions, call me, 883-3809.

Deal to avert government shutdown likely, officials say

By Kimberly Kindy **and** Rosalind S. Helderman, Washington Post.com, March 3, 2013

Congress returns to work this week with no plan to reverse across-the-board spending cuts that took effect Friday, but with hope on both sides of the aisle of averting an end-of-the-month showdown that could result in a government shutdown.

The House plans to vote Thursday on a spending measure that would keep the government running after its current funding mechanism elapses March 27. It would provide funding through the end of the fiscal year, allowing new flexibility to the Pentagon to manage the \$40B hit the military took Friday but otherwise locking in the sequester's lower spending levels.

House Speaker John A. Boehner said on NBC's "Meet the Press" that he discussed the need to avoid a shutdown with President Obama at a meeting Friday between the president and congressional leaders. In the interview, Boehner said, "The president this morning agreed that we should not have any talk of a government shutdown, so I'm hopeful that the House and Senate will be able to work through this."

Following Boehner on "Meet the Press," Gene Sperling, the chairman of Obama's National Economic Council, agreed that it appeared likely the two sides could avoid threatening a shutdown. That means the sequester would remain in effect until the end of the fiscal year. But Sperling insisted that Obama will work to undo its cuts in coming months as part of a broader discussion about continued deficit reduction. "We would still be committed to trying to find Republicans and Democrats that will work on a bipartisan compromise to eliminate the sequester," he said.

Assuming that the two sides agree soon on government spending for the latter half of the fiscal year, Washington's next major fiscal battle will probably come over the summer, when the nation once again bumps up against the debt ceiling.

Sperling believes the pain of the across-the-board spending reductions will make itself felt over the next few months and could cause Republicans to rethink their opposition to new tax revenue as part of a debt deal — the major point separating the two parties on fiscal issues. "Our hope is that as more Republicans start to see this pain in their own districts that they will choose bipartisan compromise over this absolutist position," he said.

Sperling insisted that Obama remains open to the kind of deal he last discussed with Boehner in December, in which Democrats would trade cuts to entitlement programs for closing tax loopholes and ending some deductions, resulting in higher tax revenue. Sperling said Obama spent

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By Kimberly Kindy **and** Rosalind S. Helderman, Washington Post.com, March 3, 2013

part of Saturday making phone calls to rank-and-file senators in both parties who had expressed interest in that kind of “grand bargain,” a potential first step toward reviving the idea before Washington’s next major budget clash.

The calls came after Obama met at the White House last week with Sens. Lindsey O. Graham (R-SC) and John McCain (R-AZ). Graham and Sen. Kelly Ayotte (R-NH) indicated Sunday they might have some interest in a deal that would address the debt through both entitlement reform and higher tax revenue. “We don’t need to raise taxes to fund the government,” Graham said on CBS’s “Face the Nation.” “We need to raise taxes to get our nation out of debt.”

At the leadership level, Boehner and Senate Minority Leader Mitch McConnell (R-KY) offered no indication Sunday that they had any interest in budging on taxes. Boehner said Republicans were done raising taxes after agreeing to the “fiscal cliff” deal in January that raised more than \$600 billion in revenue. Any new revenue gained from closing tax loopholes, he said, should be put into lowering tax rates.

“The president got \$650 billion of higher taxes on the American people on January the 1st,” Boehner said. “How much more does he want? When is the president going to address the spending side of this?”

McConnell said he doubted that calls from Obama to Republican senators would result in any deal that would replace even part of the sequester with higher taxes. “So far, I haven’t heard a single Senate Republican say they’re willing to raise one dime in taxes in order to avoid a spending-reduction commitment that we made on a bipartisan basis just a year and a half ago,” McConnell said on CNN’s “State of the Union.”

Current & Next Meetings and other ASMC events

UPCOMING ASMC LUNCHEON – Mark your calendars:

21 Mar Luncheon – Lt Col Hunter, 96 CPTS/CC, "Success in the Workplace," Eglin Club (pay-as-you-go buffet), 12pm

Please contact our Program Chairs Tom Walker or Joe Proctor if you have any questions, comments, or suggestions on program issues.

ASMC Websites

ASMC National Headquarters website is

<http://www.asmconline.org/>

Our chapter website is <http://www.gulfcoastasmc.org/>

We are looking for new ideas to include on our webpage. Please contact our webmasters Jason Guzzardo (882-0055) or David Loch (882-0057) if you have any questions, comments, or suggestions on chapter website issues.

National News

PDI 2012, the premier training event hosted by the American Society of Military Comptrollers, was held at the Anaheim Convention Center on May 30 – June 1, with a theme of Professionalism in Action.

Thanks to all who attended PDI 2012 in Anaheim, California. Photos from the week have now been posted on the [ASMC Facebook Page](#). Slides that have been made available to ASMC are available on the [program page](#) of this website. To reprint your receipt, please log in to your registration account at <https://secure2.rhq.com/asmc/pdi12/attupdate/index.cgi>.

***Remember our local website is <http://www.gulfcoastasmc.org/>
and ASMC national is <http://www.asmconline.org/>***

ASMC, P.O. Box 1756, Eglin AFB FL 32542

ASMC Gulf Coast Chapter



***Professional Development
Luncheon Presents:***

***ASMC Annual Awards!
Plus – “Success in the
Workplace”***

***LtCol William “Bill” Hunter
96 CPTS/CC***

***Thursday, 21 March at 12:00pm
Bayview Club in the Sand Dollar
Lounge, Eglin AFB
Pay as you go buffet***

Registration via A3 website:

**[https://afkm.wpafb.af.mil/ASPs/Reg/Register.asp?Filter=OO-
ED-AA-
A2&Eventid=189&Groupid=243&Class=382041&TypeName=C
lass](https://afkm.wpafb.af.mil/ASPs/Reg/Register.asp?Filter=OO-ED-AA-A2&Eventid=189&Groupid=243&Class=382041&TypeName=Class)**

POCs: Tom Walker, Joe Proctor, Amy Phan, Mary Mikos